

45130772, AC2 Kettle Corn, UNPREPARED, GTIN: 00076150232110

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Report Date: January 17, 2017 22:19 EST

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 grams from values per serving.

Nutrient	Unit	2.0 tbsp (34g) unpopped (makes about 4.5 cups popped) 34g	1 Value Per100 g
Proximates			
Energy	kcal	150	441
Protein	g	2.00	5.88
Carbohydrate, by difference	g	19.00	55.88
Sugars, total	g	0.00	0.00
Minerals			
Calcium, Ca	mg	0	0
Iron, Fe	mg	0.72	2.12
Potassium, K	mg	55	162
Sodium, Na	mg	170	500
Vitamins			
Vitamin C, total ascorbic acid	mg	0.0	0.0
Vitamin A, IU	IU	0	0
Lipids			
Fatty acids, total saturated	g	4.00	11.76
Fatty acids, total monounsaturated	g	3.00	8.82
Fatty acids, total polyunsaturated	g	1.00	2.94
Fatty acids, total trans	g	0.00	0.00
Cholesterol	mg	0	0

Amino Acids

Other

Ingredients

Popping Corn, Palm Oil, Less than 2% of: Salt, Sucralose, TBHQ and Citric Acid (for freshness). *Date Last Updated by Company:* 08/19/2016